The goal of this academic self-assessment is two-fold: (i) to assist you in an honest self-reflection exercise about your academic performance from last semester, and (ii) to strategize a plan that will position you to perform better this semester and beyond.

Objectives of academic self-assessment exercise:

- √ Identifying obstacles from the previous semester that impacted your ability to attain your full potential
- √ Evaluating current courses
- √ Creating a plan for success for each class

A. Past and Projected Grades: Fill in the grid below. How do you plan to attain each desired grade?

<table>
<thead>
<tr>
<th>Previous semester courses</th>
<th>Grade</th>
<th>Current semester courses</th>
<th>Grade Desired</th>
</tr>
</thead>
<tbody>
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B. Self-Assessment: In reviewing your academic performance, what factors contributed to the grades you earned? Check all that apply and circle the top three.

**Academic: Exam-specific**
- Didn’t put in enough time studying for exams
- Put in enough time but it didn’t seem to help
- Knew the law but didn’t apply it to the fact situation on the exam
- Knew what I wanted to say on the exam but had trouble organizing it
- Ran out of time and didn’t finish all questions
- Finished all the questions but felt I didn’t fully answer any of them
- Covered some issues well but missed some other major issues
- Didn’t expect the exam to be structured like it was
- Thought I did well on the exam but the grade was low
- Even though I knew the material, I panic on exams and do poorly

**Academic: General (contd.)**
- Did not attend.skipped (some) classes
- Uncomfortable classroom climate
- I read slowly and rarely got my reading assignments done
- I don’t know how to take good lecture or reading notes
- I’m uncomfortable admitting to anyone that I need help to improve my study habits

**Social Adjustment**
- Personal relationship issues
- Family situation
- Difficulty adjusting to the Law School
- Hard to make friends/loneliness

**Utilizing Available Resources**
- Did not go to faculty office hours
- Was not part of a study group
- Found it difficult to find a study partner
- Did not take advantage of Academic Success Workshops
  - Effective reading/note-taking
  - Time management
  - Outlining and Organizing Course Materials
  - Course Synthesis
  - Preparing and Studying for Law Exams
  - Taking and Writing Law School Exams
C. Reflective Analysis: Now, explain in detail the three most significant factors that affected your academic performance last semester.

<table>
<thead>
<tr>
<th>Significant Factors</th>
<th>Explain each obstacle’s impact on your success</th>
<th>How can you eliminate that obstacle?</th>
</tr>
</thead>
<tbody>
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</table>

D. Action Plan for a More Successful Semester: Think about a plan of action for getting the semester off to a strong start. Include meetings with faculty, and using other academic success resources at the Law School. Commit to following through with your action plan.

<table>
<thead>
<tr>
<th>GOAL</th>
<th>ACTION PLAN (dates, follow-up meetings, etc.)</th>
<th>AVAILABLE RESOURCES (improve learning or study skills, professors office hours)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
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</table>

* You are encouraged to consult with Professor Jane Grise to discuss your self-assessment and strategize for improved academic performance.